

Physician Referral Cardiopulmonary Rehabilitation

Patient Name: _____

Date of Birth: _____

Phone: _____

Referral Date: _____ Sex: M F

Ordering Physician Phone: _____

Cardiac Rehabilitation	ICD-10 Code	Date
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- | | | |
|--|-----------------|--|
| <input type="checkbox"/> PTCA/Stent | Z98.61 | |
| <input type="checkbox"/> Acute Myocardial Infarction within 12 months | 121.3;125.2 | |
| <input type="checkbox"/> CABG | Z95.1 | |
| <input type="checkbox"/> Heart Valve Repair/Replacement | Z95.2 | |
| <input type="checkbox"/> Stable Angina with Current Symptoms | 120.9 | |
| <input type="checkbox"/> Heart/Heart-Lung Transplant | Z94.1 | |
| <input type="checkbox"/> Heart Failure-Chronic Stable (systolic), EF ≤ 35%, NYHA Class II-IV | 150.22 | |
| <input type="checkbox"/> PAD (symptomatic) | 170.211;170.718 | |

Pulmonary Rehabilitation		Date of test
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- | | | |
|---|-------|--|
| <input type="checkbox"/> Chronic Obstructive Pulmonary Disease (COPD) | J44.9 | |
| <input type="checkbox"/> COPD with Exacerbation | J44.1 | |
| Circle: Moderate
Severe
Very Severe | | |
| <input type="checkbox"/> Other: _____ | | |

*Classification of COPD is based on Global Initiative for Chronic Obstructive Lung Disease (GOLD) - PFT Spirometry

Diagnosis/History: _____

Limitations/Precautions: _____

I have examined my patient named above and approve of his/her participation in a comprehensive rehabilitation program conducted by The PCRP. I am aware that certain diagnostic data may be required and will be ordered by the program medical director if not already available. I agree to have my patient counseled in all areas of cardiopulmonary rehabilitation.

Referring Physician (print)

Referring Physician Phone

Referring Physician (signature)

Date & Time

Fax completed referral to 803-985-4673



For more information or to schedule an appointment, contact a patient navigator at **803-985-4651** or visit **PiedmontMedicalCenter.com**



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CARDIOPULMONARY REHABILITATION

An individualized, supervised program
for your cardiopulmonary recovery



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HEALING

A major cardiac event can be a sudden and difficult experience for patients and their families. And people diagnosed with a heart condition will often find it hard to regain their active lifestyle. With a caring team and educational support, cardiac rehabilitation can help you get back to being you.

Cardiac Rehabilitation

Coronary Artery Disease (CAD) is the leading cause of death of men and women in the United States. A cardiac event can be a sudden and difficult experience for patients and their families. It can be difficult to return to normal activities due to fear and uncertainty. With a caring team and educational support, cardiac rehabilitation can help you get back to being you. Cardiac rehabilitation is covered by most medical insurances and is available to patients who are referred by a physician and whose medical records have been reviewed by rehabilitation staff. Patients with a number of conditions are eligible. Appropriate candidates may have:

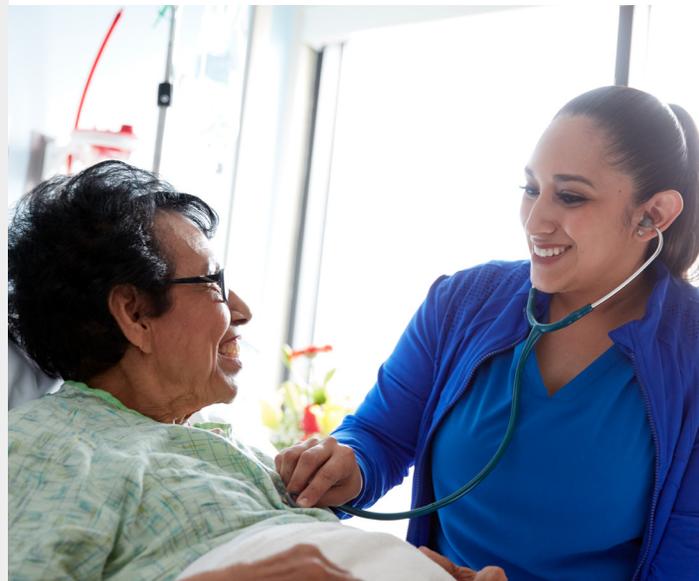
- Myocardial Infarction (Heart Attack)
- Angina Pectoris (Chest Pain) - Stable
- Cardiovascular Surgery (Stent, Angioplasty, Coronary Artery Bypass)
- Valve Replacement
- Cardiac Transplant
- Chronic Heart Failure
- Peripheral Arterial Disease (PAD) Symptomatic

Pulmonary Rehabilitation

Chronic Obstructive Pulmonary Disease (COPD) is a group of long-term (chronic) lung diseases that makes it difficult to breathe. COPD is the third leading cause of death in the United States and the leading cause of disability. A pulmonary rehabilitation program that includes education, exercise, breathing exercises and other forms of treatment may help reduce your symptoms, improve your quality of life and reduce COPD-related trips to the hospital and doctor's office.

Pulmonary rehabilitation is available to patients who are referred by a physician and whose medical records have been reviewed by rehabilitation staff. Patients with a number of conditions are eligible. Appropriate candidates may be diagnosed with:

- COPD
- Chronic Bronchitis
- Emphysema
- Pulmonary Fibrosis
- Asthma



Programs

Patients referred to the program take part in an orientation session during which a comprehensive assessment of their needs and goals will be completed. An individual exercise prescription will be formulated for each patient, and each patient will undergo a standardized exercise test to produce baseline work capacity information.

Cardiac & Pulmonary Rehabilitation therapy sessions include:

Support:

A group with which to share success and encouragement, and in turn, be encouraged.

Exercise:

Activity to improve heart and lung function, as well as increase muscular strength. Heart rate, oxygen saturation, and EKG are monitored during the exercise sessions.

Education:

Informative sessions to educate patients about how to better cope with their disease, how to modify their lifestyle, and reduce risk factors for their disease.

Patient progress is closely monitored and the therapy plan modified as needed to maximize benefits to the patient.